

## ACC August Menu 2018 <u>Yellow</u> = Infant "Soft Food" Alternative



Indicated Daily Required Whole Grain Component

				1		2		3		
1				Assorted WG Cereals Pears Mixed Pasta Marinara w/ Meat Sauce, Steamed Vegetables, Fruit Assorted WG Snacks Peaches		Assorted Fruit Muffins or Baked Bread Slices Cantaloupe <b>WW Bean &amp; Cheese Burrito,</b> Roasted Beet Salad, Fruit Assorted Snacks Watermelon		ACC CLOSED FOR TEACHER INSERVICE		
6		7		8		9		10		
Pears WG M w/ Dic Carrot Dressi Cinnai	WG Honey Lemon Loaf Pears WG Macaroni & Cheese w/ Diced Ham, Peas & Carrots, Green Salad w/ Dressing Cinnamon Raisin Bread Peaches		Pancakes or Waffles Berry Compote Three-Bean Chili or Lentil Soup, WW Roll or Bread, Pineapple Chunks, Cucumber Coins Assorted Snackss ½ Banana		WG Toasted Oat Cereal Cantaloupe Breaded Nuggets, Strips or Patties, Potato Puffs or Roasted Potatoes, Apple Slices, Breadstick WG Graham Crackers Mandarin Oranges		Banana Muffin Honeydew WG Turkey Hot Dogs, Baked Beans, Carrot Salad Animal Crackers Grapes		ACC CLOSED FOR CLEAN UP/ SET UP DAY for NEW SCHOOL YEAR	
13		14		15		16		17		
WG Spiced Oatmeal Peaches		Yogurt Cup Pears		Turkey, Pork or Chicken Breakfast Sausages, Cantaloupe Cubes		Krispy Rice Cereal Strawberries		WW Bagel w/ Cream Cheese Honeydew		
Slider	Hamburger or Burger Slider, Cut Corn, Applesauce Cup		Mini Deli Meat Sandwiches on WW Dinner Roll, ½ Banana, Bell Pepper Strips		Breaded Chicken Fingers, WW Pita, Roasted Broccoli & Onions, Pineapple Chunks Cucumber Coins Pretzels		Chicken Teriyaki over WG Brown Rice, Steamed Vegetables, Apple Slices		Pasta Alfredo w/ Kidney Beans, Roasted Summer Squash, Zucchini & Peppers, Grapes	
	WG Goldfish Crackers Cheese Cubes		Animal Crackers Mandarin Oranges				Cheesy Crackers Canned Fruit Salad		WG Graham Crackers Fresh Fruit Salad	

20		21		22		23		24		
WG Rice Chex Cereal		Hard Boiled Egg		Krispy Rice Cereal		Zucchini Bread Muffin		Sliced Bread (Cinnamon or Wheat		
Pears		Hash Brown Patty w/ Ketchup		Mixed Berries		Melon Cubes		w/ Jam)		
									Mango Cubes	
Chicken Potstickers,		WW Cheese Quesadillas, Corn		WW Oodles of Noodles w/		Orange Chicken, WG Brown				
Shelled Edamame		& Bean Salad, Watermelon		Greens & Tomatoes, Diced		Rice, Steamed Broccoli, Pineapple		Tuna Salad, WW Pita Pocket,		
Mandarin Oranges		Cubes		Rosemary Chicken, Apple		Chunks		Mixed Greens		
					Slices				Fresh Fruit Salad	
WG Rice Cake		1/2 Banana				Chex Mix		~		
Sunflower Butter		Animal Crackers		Ritz Crackers		Canned Fruit Salad		Cucumber Coins		
				Cheese Slices				Hummus		
27		28		29		30		31		
WW Buttermilk Biscuit w/		WG French Toast Sticks,		Corn Flakes		Corn Muffin		Mini Bagel w/ Cream Cheese,		
Jam		Peaches		Mixed Berries		Applesauce		Canned Fruit Salad		
Pears										
		Spaghetti & Meatballs, Carrot		Chickpea Curry over WG		WW Baked Ziti, Green Beans,		Fish Nuggets w/ Tartar, WG		
Breaded Pork Patty,		Coins, Apple Slices		Brown Rice, Steamed		Cantaloupe		Peppy Quinoa, Cucumber Coins, <sup>1</sup> ⁄ <sub>2</sub>		
Breadstick, Green Peas,				Vegetables, Pineapple Chunks				Banana	1	
Mandarin Oranges		Wheat Thins/WG Toasted Oat				Watermelon				
D V		Cereal		Pretzels		Cheesy Crackers		Fresh Fruit Salad Graham Crackers		
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Berry Y		1/2 Banana		Cheese	Stick			Grahar	n Crackers	