



ACC January Menu 2020

Aqua = Infant "Soft Food" Alternative

Indicated Daily Required Whole Grain Component

Fruits & Vegetables of the Month: Red Bell Peppers & Oranges



				1		2		3	
				<p>ACC CLOSED</p>		<p>Homemade Fruit Bread, Fruit Cut, Milk</p> <p>WG Turkey Hot Dog, Steamed Vegetables, Mandarin Oranges, Ketchup Packet, Milk</p> <p>Ritz Crackers, Sunflower Butter</p>		<p>WG Toasted Oat Cereal, Fruit Cup, Milk</p> <p>Vegetarian Chili, Apple Slices, Parmesan Breadstick, Milk</p> <p>Chex Mix, Peaches</p>	

6		7		8		9		10	
<p>WG Spiced Oatmeal, Pears, Milk</p> <p>Chicken Fingers, Potato Puffs, Pineapple Chunks, Hawaiian Roll, BBQ Sauce/Ketchup Packet, Milk</p> <p>WG Goldfish Crackers, Canned Peaches</p>		<p>French Toast Sticks, Orange Wedges, Syrup, Milk</p> <p>½ WW Turkey & Swiss Wrap w/ Spinach, Banana, Milk</p> <p>Animal Crackers, Grapes</p>		<p>Cinnamon Raisin Bagel, Cream Cheese, Canned Apricots, Milk</p> <p>Teriyaki Chicken, Cut Corn Red Peppers & Zucchini, Mandarin Oranges, WG Brown Rice, Milk</p> <p>Chex Mix, Applesauce</p>		<p>Zucchini Muffin, Melon Cubes, Milk</p> <p>WW Baked Ziti, Steamed Vegetables, Apple Slices, Milk</p> <p>Graham Crackers, Sunflower Butter</p>		<p>Corn Flakes, Fresh Fruit Salad, Milk</p> <p>Chana Masala, WG Brown Rice, Mango Cubes, Milk</p> <p>Red Bell Pepper Strips, Greek Yogurt Dip</p>	

13		14		15		16		17	
<p>WG Frosted Mini Wheats, Pears, Milk</p> <p>Breaded Fish Nuggets, Tartar Packet, Green Beans, Mandarin Oranges, Breadstick, Milk</p> <p>Wheat Thins, WG Ritz Crackers, Cheese Cubes</p>		<p>Hard-Boiled Egg, Peaches, Milk</p> <p>WW Cheese Quesadillas, Corn & Bean Salad w/Red Peppers, Melon Cubes, Milk</p> <p>Baked Pita Chips, Tzatziki (yogurt dip)</p>		<p>Krispy Rice Cereal, Banana, Milk</p> <p>Porcupine Sliders, WW Slider Bun, Green Salad w/ Red Peppers, Grapes, Dressing to Toss, Milk</p> <p>Animal Crackers, Berry Yogurt</p>		<p>Orange Cranberry Muffin, Orange Wedges, Milk</p> <p>Sitr-Fry Green WG Rice, Eggs & Ham, Apple Slices, Milk</p> <p>Cheesy Crackers, Canned Fruit Salad</p>		<p>Turkey Sausage Patty, Hash Brown Patty, Ketchup Packet, Milk</p> <p>WW Banana Sunflower Butter Wrap, Cucumber Coins Milk</p> <p>Fresh Fruit Salad, Deli Turkey Slices</p>	

20		21		22		23		24	
<p>ACC CLOSED</p>		<p>Mini Bagel w/ Pumpkin Cream Cheese, Pear Cup, Milk</p> <p>WG Hamburger, Steamed Vegetables, Pineapple Chunks, Ketchup Packet, Milk</p> <p>Ritz Crackers, Cheese Slices</p>		<p>Crepe, Peaches, Spiced Yogurt, Milk</p> <p>Breaded Pork Patty, Lentils of the Southwest, Mandarin oranges, WW Dinner Roll, Milk</p> <p>Red Bell Peppers, Hummus</p>		<p>WG Toasted Oat Cereal, Canned Fruit Salad, Milk</p> <p>Baked Chicken & Cheese Enchilada, Black Beans, Melon Cubes, Milk</p> <p>WW Pita, Cucumber Coins, Feta Crumbles</p>		<p>WG Cheesy Grits, Fresh Fruit Salad, milk</p> <p>NEW- WG Rainbow Rice w/ Chicken, Red Peppers & Vegetables, Grapes, Milk</p> <p>Graham Crackers, Homemade Banana Pudding</p>	

27		28		29		30		31	
<p>Granola, Pears, Milk</p> <p>WG Chicken & Broccoli Casserole, Spinach Berry Salad w/ Oranges, Poppyseed Dressing To Toss, Milk</p> <p>Pretzels, Cheese Stick</p>		<p>Cinnamon Raisin Bread, Peaches, Milk</p> <p>WW Spaghetti & Meatballs, Green Beans, Pineapple Chunks, Milk</p> <p>Animal Crackers, Apples</p>		<p>WW Biscuit, Grape Jelly, Mandarin Oranges, Milk</p> <p>Pasta w/ Chicken Red Pepper Alfredo Sauce, Green Salad, Orange Wedges, Dressing to Toss, Milk</p> <p>WW Ritz Crackers, Tajin Seasoned Persian Cucumbers</p>		<p>WG Bran Flakes, Melon Cubes, Milk</p> <p>Chicken Pozole w/ Hominy, Radishes Cabbage & Cilantro (toppings), Tortilla Chips/Pita Bread, Milk</p> <p>WG Goldfish Crackers, Canned Fruit Salad</p>		<p>WG Pancake, Syrup, Fresh Fruit Salad, Milk</p> <p>WW Edamame & Red Pepper Pasta Salad, Grapes, Milk</p> <p>Chex Mix Cut Vegetables/Cucumber Coins</p>	

Milk is provided at Breakfast and Lunch. Whole milk for 1 year olds and Low Fat milk for 2 to 5 year olds.

This institution is an equal opportunity provider.

