



ACC December Menu 2019

Aqua = Infant "Soft Food" Alternative

Indicated Daily Required Whole Grain Component
Fruits & Vegetables of the Month: Grapefruit & Sweet Potatoes



2	<p>Cheesy Grits Peach Cup, Milk</p> <p>WG Hamburger Bun, Beef Patty, Sweet Potato Puffs, Applesauce Cup, Ketchup Packet, Milk</p> <p>Pretzels, Cheese Stick</p>	3	<p>Cinnamon Raisin Bread, Citrus Salad w/ Grapefruit & Coconut, Milk</p> <p>Mild Chickpea Curry, Roasted Broccoli & Carrots, Fresh Pineapple Chunks, WG Brown Rice, Milk</p> <p>Animal Crackers, Canned Pears</p>	4	<p>Assorted Low-Sugar Cereals, Banana, Milk</p> <p>Breaded Pork Patty, WG Ooodles of Noodles w/ Greens & Tomatoes, Cantaloupe, Milk</p> <p>Cheezy Crackers Apple Slices</p>	5	<p>Zucchini Bread Muffin, Canned Fruit Salad, Milk</p> <p>Chicken & Broccoli Casserole w/ WG Brown Rice, Spinach Berry Salad w/ Grapefruit, Dressing to Toss, Milk</p> <p>Ritz Crackers, Sunflower Butter</p>	6	<p>French Toast Sticks, Fresh Fruit Salad, Syrup, Milk</p> <p>WG Minestrone Pasta Salad w/ Kidney Beans, Carrots & Tomatoes, Orange Wedges. Milk</p> <p>Chex Mix, Persian Cucumber Coins</p>
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9	<p>WG Bran Flakes, Pears, Milk</p> <p>Chicken Fingers, Potato Puffs, Mandarin Oranges, Hawaiian Roll, Milk</p> <p>WW Pita Bread, Greek Yogurt Dip</p>	10	<p>Yogurt Cup, Citrus Salad w/ Grapefruit</p> <p>WW Spaghetti, Meat Sauce, Steamed Vegetables, Pineapple Chunks, Milk</p> <p>Pretzels, Grapes</p>	11	<p>Crepe, Spiced Yogurt, Mixed Berries, Milk</p> <p>Sliced Turkey Hot Dog, WG Hot Dog Bun, Cut Corn, Canned Apricots, Ketchup Packet, Milk</p> <p>Chex Mix, Melon Cubes</p>	12	<p>WW Biscuit, Orange Wedges, Apple Butter, Milk</p> <p>Three-Bean Chili, Apple Slices, Oyster Crackers, Milk</p> <p>WG Goldfish Crackers, Canned Fruit Salad</p>	13	<p>Banana Muffin, Applesauce Cup, Milk</p> <p><i>(Teachers to Assemble)</i> Turkey & Swiss Sandwich on WW Bread, Tomato & Lettuce Slices, Fresh Fruit Salad, Mayo Packet, Milk</p> <p>Graham Crackers, Sunflower Butter</p>
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16	<p>WG Granola, Pear Cup, Milk</p> <p>Nut-Free Pesto Tortellini, White Beans, Spinach & Grapefruit Salad, Dressing to Toss, Pineapple Chunks, Milk</p> <p>WG Wheat Thins/WG Ritz, Cheese Cubes</p>	17	<p>Mini Bagel, Cream Cheese, Peaches, Milk</p> <p>WW Bean & Cheese Burrito, Seasoned Corn & Peppers, Apple Slices, Milk</p> <p>Graham Crackers, Berry Yogurt</p>	18	<p>Hard-Boiled Egg, Mango Cubes, Milk</p> <p>Chana Masala, WG Brown Rice, Melon Cubes, Milk</p> <p>Cut Vegetables/Cucumber Coins Hummus</p>	19	<p>WG Toasted Oat Cereal, Orange Wedges, Milk</p> <p>Chicken Pozole w/ Hominy, Radishes Cabbage & Cilantro (toppings), Tortilla Chips/Pita Bread, Milk</p> <p>WG Goldfish Crackers, Canned Fruit Salad</p>	20	<p>Turkey Sausage Patty, Hash Brown Patty, Ketchup Packet, Milk</p> <p>Deli Turkey Slices, Sweet Potato WG Quinoa Salad, Fresh Fruit Salad, Milk</p> <p>Assorted Crackers, Cheese Stick/Yogurt Cup</p>
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23	<p>Hard-Boiled Egg or Bagel w/ Cream Cheese, Peach Cup, Milk</p> <p>Tuna Salad, WW Pita Pocket, Lettuce Leaves, Banana, Milk</p> <p>Nut-Free Granola, Berry Yogurt</p>	24	<p>ACC CLOSED!</p> <p>HAPPY HOLIDAYS!</p>	25	<p>ACC CLOSED!</p> <p>HAPPY HOLIDAYS!</p>	26	<p>Pumpkin Muffin, Applesauce Cup, Milk</p> <p><i>(Teachers to Assemble)</i> Turkey & Swiss Sandwich on WW Bread, Bell Pepper Strips & Pear Slices <i>(teacher to cut),</i> Mayo Packet, Milk</p> <p>Chex Mix, Grapes</p>	27	<p>Bran Flakes, Mandarin Orange Cup, Milk</p> <p><i>(Teachers to Assemble)</i> Sunflower Butter & Jelly Sandwich on WW Bread, Persian Cucumber Coins & Apple Slices <i>(Teachers to Cut),</i> Milk</p> <p>Assorted Crackers, Cheese Stick</p>
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30	<p>Assorted Low-Sugar Cereals, Fruit Cup, Milk</p> <p>WW Chow Mein Noodles w/ Edamame & Carrots, Pineapple Chunks, Milk</p> <p>Crackers, Berry Yogurt</p>	31	<p>ACC CLOSED!</p> <p>CLEAN UP DAY</p>				
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Milk is provided at Breakfast and Lunch. Whole milk for 1 year olds and Low Fat milk for 2 to 5 year olds.
This institution is an equal opportunity provider.

