



ACC September Menu 2019

Aqua = Infant "Soft Food" Alternative

Indicated Daily Required Whole Grain Component Fruits and Vegetables of the Month: Kiwi & Broccoli

2	3	4	5	6
<p>No Lunch Service Labor Day</p>	<p>WG Toasted Oat Cereal Fruit Cup, Milk</p> <p>Hamburger, WG Bun Ketchup packet, Carrot sticks, Green Peas Potato Puffs, Milk</p> <p>Pretzels Cheese Cubes</p>	<p>Mini Bagel w/Cream Cheese, Pears, Milk</p> <p>Pork Patty, Orange Wedges, WG Oodles of Noodles w/Greens & Tomatoes, Milk</p> <p>Graham Crackers, Berry Yogurt</p>	<p>Cinnamon Raisin Bread, Peaches, Milk</p> <p>Fish Ole, Roasted Broccoli, Mandarin Oranges, WG Wild Rice, Milk</p> <p>Cheezy Crackers, Apple slices</p>	<p>Turkey Sausage Patty, Hash Brown Patty Ketchup Packet, Milk</p> <p>Hawaiian Chicken Wrap Filling, w/Carrots & Broccoli Grapes, WW Tortilla, Milk</p> <p>Chex Mix Applesauce</p>
9	10	11	12	13
<p>Krispy Rice Cereal, Canned Pears, Milk</p> <p>Breaded Fish Nuggets, Corn & Peas, Pineapple Chunks, WW Dinner Roll, Milk</p> <p>Animal Crackers Mandarin Oranges</p>	<p>WW Biscuit w/Apple Butter, Peaches, Milk</p> <p>Beef Soft Taco: Taco Beef & Shredded Cheese, Lettuce & Tomato, Watermelon, Flour Tortilla, Salsa, Milk</p> <p>WG Rice Cake, Sunflower Butter</p>	<p>Hard Boiled Egg, Honeydew, Milk</p> <p>WW Spaghetti & Meat Sauce, Roasted Cauliflower & Broccoli, Strawberry & Kiwi Salad, Milk</p> <p>Ritz Crackers, Cheese Slices</p>	<p>Zucchini Bread Muffin Mango Cubes, Milk</p> <p>WG Chicken Broccoli Casserole, Apple Slices, Milk</p> <p>Graham Crackers, Homemade banana Pudding</p>	<p>WG Honey Lemon Loaf, Fresh Fruit Salad w/Kiwi, Milk</p> <p>Pesto Cheese Tortellini, White Beans, Zucchini Grapes, Milk</p> <p>WG Goldfish Crackers Canned Fruit Salad</p>
16	17	18	19	20
<p>Corn Flakes, Canned Peaches, Milk</p> <p>WG Turkey Hot Dog, Carrot Sticks, Green Peas, Ketchup Packet, Milk</p> <p>Animal Crackers, Berry Yogurt</p>	<p>Cinnamon Raisin Bagel, Cream Cheese, Pears Milk</p> <p>WW Cheese Quesadillas, Corn & Bean, Melon Cubes, Milk</p> <p>Raw Cut Broccoli/Cucumber Coins Hummus</p>	<p>WG Granola, Banana, Milk</p> <p>Orange Chicken, WG Brown Rice, Edamame & Carrots, Pineapple Chunks, Milk</p> <p>Apple Slices String Cheese</p>	<p>Crepe, Strawberries & Kiwi, Vanilla Yogurt, Milk</p> <p>WG Baked Ziti, Steamed Italian Vegetables, Grapes, Milk</p> <p>Graham Crackers, Canned Fruit</p>	<p>WG Pancake, Syrup, Fresh Fruit Salad w/Kiwi Milk</p> <p>Edamame, Red Pepper & Broccoli Pasta Salad, Watermelon, Grapes, Milk</p> <p>WG Goldfish Crackers, Orange Wedges</p>
23	24	25	26	27
<p>WG Bran Flakes Cereal, Peaches, Milk</p> <p>Chicken Fingers, Cut Corn, Pineapple Chunks, Hawaiian Roll, BBQ Sauce, Milk</p> <p>WG Gold Fish Crackers, Mandarin Oranges</p>	<p>Mini Bagel, Cream Cheese, Pears, Milk</p> <p>WG Bean & Cheese Burrito, Roasted Broccoli, Grapes, Milk</p> <p>Apple Slices, Sunflower Butter</p>	<p>Yogurt Cup Strawberries, Milk</p> <p>Mild Chickpea Curry, WG Brown Rice, Roasted Zucchini, Orange Wedges, Milk</p> <p>Chex Mix, Applesauce</p>	<p>Banana Muffin, Cantaloupe Cubes, Milk</p> <p>WW Mac & Cheese w/Diced Ham, Green Peas, Fresh Fruit w/Kiwi, Milk</p> <p>Pretzels, Banana</p>	<p>English Muffin, Yogurt Banana Berry Smoothie, Milk</p> <p>Tuna Salad, Cucumber Coins, Mango Cubes, WW Pita Packet, Milk</p> <p>Bell Pepper Strips, Hummus</p>
30				
<p>Assorted Low-Sugar Cereal, Pears, Milk</p> <p>WG Bean & Cheese Pupusa, Lentils of the Southwest cabbage Salad, Dressing to Toss, Milk</p> <p>Low Sugar snacks Peaches</p>				

Milk is provided at Breakfast and Lunch. Whole milk for 1 year olds and Low Fat milk for 2 to 5 olds.

This institution is an equal opportunity provider.

