



**ACC June Menu 2019**  
**Aqua = Infant "Soft Food" Alternative**  
 Indicated Daily Required Whole Grain Component



**Fruits & Vegetables of the Month: Honeydew, Blueberries, Green Beans, Corn**

<b>3</b>		<b>4</b>		<b>5</b>		<b>6</b>		<b>7</b>	
Cinnamon Raisin Bagel, Cream Cheese, Canned Peaches  <b>Turkey Hot Dog, WG Bun, Ketchup Packet, Corn, Peas &amp; Carrots</b> Applesauce  Low-Sugar Snacks Mandarin Oranges		4oz Yogurt Cup Canned Peaches  <b>Mild Chickpea Curry</b> Mixed Vegetables <b>WG Brown Rice</b> Fresh Pineapple  Ritz Crackers Egg Salad		<b>WG Bran Flakes Cereal</b> Strawberries & <b>Blueberries</b>  <b>Nut-Free Pesto Tortellini,</b> White Beans, Roasted Squash & Zucchini, Apple Slices  <b>WG Rice Cake</b> Sunflower Butter		<b>Blueberry Muffin</b> Canned Fruit Salad  <b>WW Baked Ziti, Cut Green Beans, Honeydew Cubes</b>  Pita, Feta Crumbles, Cucumber Coins		Hard-Boiled Egg Orange Wedges  <b>WW Turkey and Swiss Sandwich,</b> Mayo Packet, Vegetable Soup, Fresh Fruit Salad  Graham Crackers <b>Mixed Berry Yogurt</b>	

<b>10</b>		<b>11</b>		<b>12</b>		<b>13</b>		<b>14</b>	
Cinnamon Raisin Bread Pears  <b>Breaded Fish Nuggets,</b> Tartar Packet, Roasted Vegetables, <b>WW Dinner Roll,</b> Mandarin Oranges  Ritz Crackers Cheese Cubes or Stick		Crepe, Spiced Yogurt Peaches  <b>WW Cheese Quesadillas, Corn &amp; Black Bean Salad,</b> Watermelon Cubes, Salsa  Animal Crackers Banana		<b>WG Toasted Oat Cereal</b> <b>Honeydew</b>  <b>NEW! Baked Ginger Curry Chicken,</b> Orange Wedges, Minty Orzo Lentil & Feta Salad  <b>WW Pita</b> Hummus		Baked Fruit Bread, Strawberries & <b>Blueberries</b>  <b>Orange Chicken, WG Brown Rice,</b> Steamed Vegetables, Fresh Pineapple Chunks  Cheezy Crackers Apple Slices		<b>WG Pancake w/ Syrup</b> <b>Berry Smoothie</b>  <b>Minestrone Pasta Salad w/</b> Kidney Beans, Zucchini & Carrots, Fresh Fruit Salad  <b>WG Goldfish Crackers</b> Cucumber Coins	

<b>17</b>		<b>18</b>		<b>19</b>		<b>20</b>		<b>21</b>	
<b>WG Frosted Mini Wheats</b> Peaches  <b>Breaded Pork Patties,</b> Stewed Okra & Tomatoes, Mandarin Oranges, Breadstick  <b>WG Granola</b> <b>Blueberry Yogurt</b>		<b>WW Biscuit w/ Jam</b> Mango Cubes  <b>Spaghetti &amp; Meatballs, Spinach &amp; Berry Salad,</b> Dressing to Toss, Apple Slices  Wheat Thin Crackers/ <b>WW Ritz Crackers</b> Grapes		Krispy Rice Cereal <b>Fresh Mixed Berries</b>  <b>WW Macaroni &amp; Cheese w/ Diced Ham or Chicken, Thin Green Beans, Honeydew Cubes</b>  Graham Crackers Bananas		<b>WW Bagel w/ Cream Cheese,</b> Watermelon  <b>Make-Your-Own Taco Salad:</b> Taco Beef, Shredded Lettuce, Black Beans, <b>Corn,</b> Tomatoes, Romaine, <b>Corn Chips,</b> Ranch Salsa  <b>WG Goldfish Crackers or WG Pretzel Bites,</b> Orange Wedges		Banana Muffin, Pears  <b>Chicken Fingers,</b> Blackened <b>Green Bean &amp; Quinoa Salad,</b> Fresh Fruit Salad  Chex Mix Carrot Sticks/ <b>Cucumber Coins</b>	

<b>24</b>		<b>25</b>		<b>26</b>		<b>27</b>		<b>28</b>	
4oz Yogurt Cup Pears  <b>Hamburger on WG Bun,</b> Sweet & Regular Potato Puffs, Applesauce, Ketchup Packet  Pretzel Sticks Cheese Cubes		<b>WG Rice Chex Cereal</b> Peaches  <b>Vegetable Egg Rolls,</b> Shelled Edamame, Fresh Pineapple  <b>WW Sunflower Butter &amp; Jelly Squares</b>		Homemade Cherry Scone, Mandarin Oranges  <b>WW Bean &amp; Cheese Burrito, Roasted Corn &amp; Peppers,</b> Watermelon  Chex Mix Applesauce		Mixed Low-sugar Cereal, <b>Honeydew &amp; Cantaloupe</b>  <b>WW Penne Alfredo w/ Chicken, Garlic Green Beans, Berry Salad</b>  <b>Ritz Crackers/</b> Bell Pepper Strips, Hummus		Cheesy Grits, Orange Wedges  <b>Tuna Salad,</b> Mixed Greens, Grapes, <b>WW Pita Pocket</b>  Graham Crackers, Fresh Fruit Salad	

