



# ACC March Menu 2019

## Aqua = Infant "Soft Food" Alternative

Indicated Daily Required Whole Grain Component

Fruits & Vegetables of the Month: Oranges, Grapefruit, Cauliflower, Carrots



								<b>1</b>	French Toast Sticks Fresh Fruit Salad  <b>WW Hawaiian Chicken Wrap</b> Tangerine  Bell Pepper Strips Hummus
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>					
WG Bran Flakes Mandarin Oranges  <b>Chicken Fingers,</b> Bread Stick, BBQ Sauce, <b>Honey Glazed Carrots,</b> Peaches  Wheat Thins, <b>WW Ritz Crackers</b> String Cheese Stick	Mini Bagel, Cream Cheese, Canned Apricots  <b>WG Chicken &amp; Cheese Quesadillas,</b> Corn & Bean Salad, <b>Orange Wedges,</b> Salsa  Animal Crackers Apple Sauce	Cinnamon Raisin Bread ,Banana  <b>Teriyaki Chicken,</b> <b>WG Brown Rice,</b> Steamed Vegetables, Pineapple Chunks <u>Apple Sandwich:</u> Shredded Coconut, Apple Wheels, Sunflower Butter	<b>Orange Cranberry Muffin</b> <b>Grapefruit Segments</b>  <b>Cajon Red Beans &amp; WG Rice,</b> Canned Fruit Salad  <b>Carrot Sticks, Cucumber Coins</b> Deli Turkey Slices	<b>WG Spiced Oatmeal</b> Melon Cubes  <b>Edamame &amp; Red Pepper Pasta Salad,</b> Fresh Fruit Salad  <b>WG Goldfish Crackers</b> Banana					
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>					
WG Toated Oat Cereal Peaches  <b>Breaded Pork Patty,</b> <b>Grilled Cauliflower,</b> <b>Mandarin Oranges,</b> Corn Bread Muffin  WG Granola Kiwi Yogurt	Hard Boiled Egg Pears  <b>WW Bean &amp; Cheese Burrito,</b> <b>Roasted Carrot Coins,</b> Apple Slices  Chex Mix <b>Tangerine</b>	WG Frosted Mini Wheats Banana  <b>Pasta &amp; Meat Sauce,</b> Spinach & Berry Salad w/ <b>Grapefruit,</b> Poppysseed Dressing to Toss, <b>Carrot Sticks</b>  <b>WG Goldfish Crackers</b> <b>Orange Wedges</b>	WG Biscuit, Jam, <b>Citrus Salad</b>  <b>Chicken Curry Casserole,</b> Canned Apricots  <b>1oz WG Soft Pretzel Bites,</b> Melted Cheese Sauce, Canned Fruit	Turkey Sausage Links, Hash Brown Patty Ketchup Packet  <b>Tuna Salad,</b> Cucumber Coins, Fresh Fruit Salad, <b>WW Pita Pocket</b>  Ritz Crackers Cheese Slices					
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>					
Corn Flakes Fruit Cup  <b>Turkey Hot Dog,</b> <b>WG Bun, Roasted Cauliflower &amp; Carrots, Mandarin Oranges,</b> Ketchup Packet Cheesy Crackers Peaches	<b>WG Honey Lemon Loaf,</b> Pears  <b>Three-Bean Chili,</b> Sweet Potato Puffs, Hawaiian Roll  <b>WG Granola</b> Berry Yogurt	<b>WW Bagel,</b> Cream Cheese Canned Apricots  <b>Chicken Soft Taco,</b> Cheese, Tomato & Shredded Lettuce, Apple Slices  <b>WW Pita</b> Egg Salad	Banana Muffin Melon Cubes  <b>WW Baked Ziti,</b> Steamed Vegetables, <b>Tangerine</b> Animal Crackers Canned Fruit Salad	<b>WG Rice Chex Cereal</b> <b>Orange Wedges</b> Syrup  <b>Fish Nuggets, Carrot Salad,</b> Grapes, Wild Rice & Quinoa <b>WG Rice Cake</b> Fresh Fruit Salad					
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>					
Krispy Rice Cereal Peaches  <b>Hamburger on WG Bun,</b> Ketchup Packet, Vgetarian Baked Beans, Pears  Graham Crackers Homemade Banana Pudding	4oz Yogurt Cup <b>Citrus Salad</b>  <b>WG Oodles of Noodles,</b> Diced Rosemary Chicken, Grapes  Apple Slices Sunflower Butter	Low-Sugar Cereal, Banana  <b>NEW! WG Bean &amp; Cheese Pupusa,</b> Lentils of the Southwest, Green Salad, Dressing to Toss  Zucchini Bread Canned Apricots	Crepe, Mixed Berries, Spiced Yogurt  <b>NEW! WG Chicken Eggroll, Cauliflower Fried Rice,</b> Canned Fruit Salad  Pretzels Cheese Cubes	<b>WG Pancake</b> <b>Orange Wedges</b> Syrup  <b>Tortellini Pasta Salad w/ White Beans,</b> Fruit Fruit Salad  <b>WG Goldfish Crackers</b> Cucumber Coins					

