



# ACC February Menu 2019

## Aqua = Infant "Soft Food" Alternative

Indicated Daily Required Whole Grain Component



### Fruits & Vegetables of the Month: Kiwi, Mandarin, Okra, Cherry Tomatoes

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									French Toast Sticks Tropical Fruit Salad  <b>WG Peppy Quinoa Salad</b> w/ Chicken Tangerine  Graham Crackers Berry Yogurt

4		5		6		7		8	
Cinnamon Raisin Bread <b>Mandarin Oranges</b>  <b>Chicken Fingers, WW</b> Roll, BBQ Sauce, <b>Stewed</b> <b>Okra</b> & Tomatoes Peaches  Pears String Cheese Stick		Mini Bagel, Cream Cheese, Canned Apricots  <b>NEW!</b> <b>WG Red Beans &amp; Rice</b> , Apple Slices  Animal Crackers Dried Fruit/ <b>Canned Fruit</b>		<b>WG Rice Chex Cereal</b> Banana  <b>Fish Ole</b> , Steamed Carrot Coins, Orange Wedges, Wild Rice  <b>WG Goldfish Crackers</b> Grapes		Zucchini Muffin Melon Salad  <b>WW Mac &amp; Cheese w/ Diced</b> <b>Ham</b> , Peas & Carrots, Canned Fruit Salad  Bell Pepper Strips Hummus		<b>WG Spiced Oatmeal</b> Fresh Fruit Salad  <b>Tortellini Pasta Salad</b> w/ White Beans Tangerine  <b>WW Pita</b> Cucumber Coins, Crumbled Feta	

11		12		13		14		15	
<b>ACC</b> <b>CLOSED</b> <b>INSERVICE</b> <b>DAY</b>		Hard Boiled Egg Pears  <b>Chickpea Curry, WG Brown</b> <b>Rice</b> , Pineapple Chunks, Steamed Vegetables  Graham Crackers Sunflower Butter		<b>WG Frosted Mini Wheats</b> Orange Wedges  <b>Spaghetti &amp; Meatballs</b> , Green Salad w/ Sliced <b>Cherry</b> <b>Tomatoes</b> , Dressing to Toss, Apple Slices  <b>WG Goldfish Crackers</b> Canned Apricots		<b>WG Biscuit</b> , Jam, Banana  <b>Baked Chicken &amp; Cheese</b> <b>Enchilada</b> , Black Beans, <b>Kiwi</b> <b>Slices</b>  <b>1oz WG Soft Pretzel Bites</b> , Melted Cheese Sauce, Canned Fruit		Turkey Sausage Links, Hash Brown Patty Ketchup Packet  <b>WW Egg Salad Sandwich</b> , Cucumber Coins, Fresh Fruit  Chex Mix Tangerine	

18		19		20		21		22	
<b>ACC</b> <b>CLOSED</b> <b>PRESIDENTS'</b> <b>DAY</b>		Corn Flake Cereal Fruit Cup  <b>Turkey Hot Dog, WW Hot</b> <b>Dog Bun</b> , Ketchup Packet, Baked Beans, <b>Mandarin</b> <b>Oranges</b>  Cheesy Crackers Pears		<b>WG Honey Lemon Loaf</b> Peaches  <b>Beef Soft Taco</b> , Tomato & Shredded Lettuce, Pineapple Chunks  <b>WG Goldfish Crackers</b> Applesauce		Banana Muffin Tropical Salad w/ <b>Kiwi</b>  <b>Orange Chicken, WG Brown</b> <b>Rice</b> , Melon Cubes, Steamed Vegetables  Graham Crackers Homemade Banana Pudding		<b>WW Pancake</b> w/ Syrup Orange Wedges  <b>WG Mediterranean Quinoa</b> <b>Salad w/ Cherry Tomatoes</b> , Grapes  Chex Mix Fresh Fruit Salad	

25		26		27		28			
4oz Yogurt Cup Citrus Salad w/ <b>Mandarins</b>  <b>Hamburger on WG Bun</b> , Ketchup Packet, Potato Puffs, Pears  Ritz Crackers Beet Root Hummus		Assorted Low Sugar Cereals Peaches  <b>WW Bean &amp; Cheese Burrito</b> , Cut Corn, <b>Kiwi Slices</b>  Animal Crackers Tangerine		Cinnamon Raisin Bagel, Cream Cheese, Banana  <b>Breaded Pork Patty</b> , Stewed Okra & Tomatoes, Pineapple Chunks, <b>WW Dinner Roll</b>  Apple Slices Sunflower Butter		Corn Muffin, Melon Salad  <b>Chicken &amp; Broccoli Casserole</b> w/ <b>WG Brown Rice</b> , Spinach & Berry Salad w/ <b>Mandarins</b> , Dressing to Toss  Pretzels Cheese Cubes			