



## ACC September Menu 2018

**Yellow** = Infant "Soft Food" Alternative

Indicated Daily Required Whole Grain Component

Fruits & Vegetables of the Month: Cantaloupe, Figs, Eggplant, Peppers



<p>3</p> <p><b>ACC Closed Labor Day</b></p>	<p>4</p> <p>Krispy Rice Cereal Pears</p> <p><b>WW Cheese Quesadillas</b>, Roasted Beet Salad, Mandarin Oranges</p> <p>Pretzels Applesauce</p>	<p>5</p> <p><b>WG Pancake</b> w/ Syrup Banana</p> <p><b>Pesto Cheese Tortellini</b>, White Beans, Steamed Vegetables, Apple Slices</p> <p><b>WG Granola</b> Berry Yogurt</p>	<p>6</p> <p>Banana Muffin <b>Cantaloupe Cubes</b></p> <p><b>WG Turkey Hot Dog</b>, Baked Beans, Grapes</p> <p>Homemade Banana Pudding Animal Crackers</p>	<p>7</p> <p><b>WW Bagel</b> w/ Cream Cheese Fresh Fruit Salad</p> <p><b>Roasted Vegetable Orzo</b> w/ <b>Eggplant &amp; Peppers</b>, Pineapple Chunks</p> <p><b>WG Wheat Thins/Toasted Oat Cereal</b> Peaches</p>
<p>10</p> <p><b>WG Honey Lemon Loaf</b> Pears</p> <p><b>Baked Chicken &amp; Cheese Enchiladas</b>, Mandarin Oranges, Black Beans</p> <p><b>WG Rice Cake</b> Sunflower Butter</p>	<p>11</p> <p>Cheesy Grits Peaches</p> <p><b>Chicken Fingers</b> w/ <b>BBQ</b>, <b>WG Peppy Quinoa</b>, Cucumber Coins, Cut Corn</p> <p>Corn Chips/<b>Ritz Crackers</b> Black Bean Dip</p>	<p>12</p> <p>Corn Flakes <b>Cantaloupe</b></p> <p><b>Plum Sauce Chicken</b>, <b>WG Brown Rice</b>, Roasted Vegetables w/ <b>Eggplant</b>, Pineapple Chunks</p> <p><b>Bell Pepper Strips</b> Hummus</p>	<p>13</p> <p>Banana Muffin Honeydew</p> <p><b>WG Hamburger</b>, Potato Puffs, Carrot Salad</p> <p>Animal Crackers Fruit Cocktail</p>	<p>14</p> <p><b>WW Biscuit</b> w/ <b>Fig Jam</b> Fresh Fruit Salad</p> <p><b>Southwestern Barley Salad</b> w/ <b>Black Beans &amp; Peppers</b>, Watermelon Cubes</p> <p><b>WG Goldfish Crackers</b> Banana</p>
<p>17</p> <p><b>WG Bran Flakes</b> Peaches</p> <p><b>Chicken Potstickers</b>, Shelled Edamame, Mandarin Oranges</p> <p><b>WG Graham Crackers</b> Berry Yogurt</p>	<p>18</p> <p>Hard-Boiled Egg Hash Brown Patty w/ Ketchup</p> <p><b>Chicken Teriyaki</b> over <b>WG Brown Rice</b>, Steamed Vegetables, ½ Banana</p> <p>Animal Crackers <b>Fresh Figs</b> &amp; Apple Slices</p>	<p>19</p> <p>Cinnamon Raisin Bread <b>Cantaloupe Cubes</b></p> <p><b>WW Oodles of Noodles</b> w/ Greens &amp; Tomatoes &amp; Chicken, Pears</p> <p>Grapes Pretzels</p>	<p>20</p> <p>Krispy Rice Cereal Strawberries</p> <p><b>WW Bean &amp; Cheese Burrito</b>, Carrot Sticks/<b>Cucumber Coins</b> Watermelon</p> <p>Cheesy Crackers Canned Fruit Salad</p>	<p>21</p> <p>4oz Yogurt Cup Honeydew</p> <p><b>Lentils of the Southwest</b>, <b>WW Dinner Roll</b>, <b>Red Bell Pepper Strips</b>, Pineapple Chunks</p> <p>Egg Salad Ritz Crackers</p>
<p>24</p> <p><b>WG Toasted Oat Cereal</b> Pears</p> <p><b>Macaroni &amp; Cheese</b> w/ <b>Diced Ham</b>, Peas &amp; Carrots, Applesauce</p> <p><b>WG Rice Cake</b> Sunflower Butter</p>	<p>25</p> <p><b>WG Spiced Oatmeal</b> Peaches</p> <p><b>Beef Soft Taco</b> w/ <b>Cheese</b>, Lettuce &amp; Tomato, Mandarin Oranges</p> <p><b>WG Goldfish Crackers</b> ½ Banana</p>	<p>26</p> <p>Cinnamon Raisin Bagel w/ Cream Cheese <b>Cantaloupe Cubes</b></p> <p><b>WW Spaghetti &amp; Beef Meatballs</b>, Steamed Vegetables, Apple Slices</p> <p>Chex Mix String Cheese</p>	<p>27</p> <p>Crepe, Mixed Berries w/ Spiced Yogurt</p> <p><b>Orange Chicken</b>, <b>WG Brown Rice</b>, Steamed Vegetable, Pineapple Chunks</p> <p>Assorted Snacks Grapes</p>	<p>28</p> <p>Corn Muffin Mango Cubes</p> <p><b>Tuna Salad</b>, <b>WW Pita Pocket</b>, <b>Green Salad</b> w/ <b>Figs &amp; Feta</b>, Fresh Fruit Salad</p> <p>Cucumber Coins Hummus</p>