

## ACCC March Menu 2018 Yellow = Infant "Soft Food" Alternative Indicates Fruit & Vegetables of the Month: Lime, Grapefruit, Tomatillo, Green Onion Indicated Daily Required Whole Grain Component



|   |   |   | 1<br>Mini Bagel w/ Cream Cheese   | 2<br>4oz Yogurt Cup  |
|---|---|---|---|--|
|   |   |   | Mandarin Oranges  | Berries  |
|   |   |   | (NEW) WW Oodles of<br>Noodles w/ Greens &<br>Tomatoes, Rosemary<br>Chicken Strips, Apple Slices | <b>WW Bean &amp; Cheese Burrito</b> ,<br>Southwest Sauteed Vegetables,<br>Fresh Fruit                                    |
|   |   |   | Cheese Stick<br>Animal Crackers   | Pita, Feta Crumbles &<br>Cucumber Coins  |
|   |   |   |   |  |
| 5<br>Corn Flakes<br>Pears   | 6<br>WG French Toast Sticks w/<br>Syrup<br>Orange Wedges                              | 7<br>Krispy Rice Cereal<br>Banana   | 8<br>Cinnamon Raisin Bagel w/<br>Cream Cheese<br>Citrus Salad w/ Grapefruit                     | 9<br>WW Buttermilk Biscuit w/ Jam<br>Fresh Fruit Salad   |
| <b>Turkey Hot Dog on</b><br><b>Whole Grain Bun,</b><br>Baked Beans, Peaches           | Breaded Chicken Fingers<br>w/ BBQ, Potato Puffs,<br>Pineapple Chunks,                 | WW Spaghetti &<br>Meatballs, Green Salad,<br>Apple Slices   | (NEW) Stir-Fry Fajita<br>Chicken Squash & Corn,<br>WG Brown Rice, Mango                         | <b>Lentils of the Southwest,</b> Corn<br>Muffin, Bell Pepper Strips,<br>Pineapple Chunks                                 |
| Vanilla Yogurt<br>Granola   | Hawaiian Roll<br>WG Wheat Thins/ <mark>Toasted</mark><br>Oat Cereal<br>Tangerine      | Ritz Crackers<br>Cheese Slices  | Cubes<br>Cheesy Crackers<br>Carrot Sticks/ <mark>Cucumber<br/>Coins</mark>                      | WG Goldfish Crackers<br>Applesauce   |
| 12  | 13  | 14  | 15  | 16   |
| Cinnamon Raisin Bread<br>Orange Wedges  | WG Spiced Oatmeal<br>Tangerine  | WG Bran Flakes<br>Banana  | Hard-Boiled Egg<br>Peaches  | Banana Muffin<br>Mixed Canned Fruit  |
| Whole Wheat<br>Macaroni & Cheese w/<br>Diced Ham, Peas &<br>Carrots, Peaches          | Chicken Potstickers,<br>Shelled Edamame, Melon<br>Cubes<br>WG Graham Crackers         | Orange Chicken, WG<br>Brown Rice, Steamed<br>Vegetables, Mandarin<br>Cabbage Salad w/ Green<br>Onions | (NEW) Chicken Curry<br>Casserole w/ Carrots & WG<br>Brown Rice, Pineapple<br>Chunks             | Fish Nuggets w/ Tartar,<br>(NEW) Peppy WG Quinoa w/<br>Green Onions,Carrot<br>Sticks/Cucumber Coins,<br>Mandarin Oranges |
| Pretzels<br>Pears   | Applesauce  | Animal Crackers<br>Bell Pepper Strips   | Apple Slices<br>Ritz Crackers   | Tortilla Chips/ <mark>Pita,</mark> Salsa &<br>Mashed Avocado   |
| 19  | 20  | 21  | 22  | 23   |
| WG Toasted Oat Cereal<br>Pears  | WG Pancake w/ Syrup<br>Citrus Salad w/ Grapefruit                                     | Corn Flakes<br>Banana   | WG Rice Chex<br>Canned Fruit Salad  | Zucchini Muffin Bread<br>Berries   |
| (NEW) Marinated<br>Pork in Tomatillo &<br>Green Chili, Cilantro<br>Rice, Black Beans, | <b>Teriyaki Chicken over</b><br><b>Rice,</b> Steamed Asian<br>Vegetables, Melon Cubes | WW Chicken & Cheese<br>Quesadillas, Com &<br>Bean Salad, Tangerine                                    | Three-Bean Chili w/ Cheese,<br>Spinach and Berry Salad w/<br>Grapefruit, Corn Muffin            | (NEW) Roasted Fish Crispy<br>Slaw WW Wrap w Fresh<br>Lime, Pineapple Chunks  |
| Orange Wedges<br>Peaches<br>Whole Grain Goldfish<br>Crackers                          | WW Pita<br>Hummus   | Egg Salad<br>Ritz Crackers  | WG Rice Cake<br>Sunflower Butter  | <u>Parfait</u><br>Vanilla Yogurt<br>Frozen Mixed Berries &<br>Granola  |
| 26  | 27  | 28  | 29  | 30   |
| Cinnamon Raisin Bagel<br>w/ Cream Cheese  | Corn Muffin<br>Hash Brown Patty w/  | Krispy Rice Cereal<br>Banana  | WG Honey Lemon Loaf<br>Melon Cubes  | 4 oz Yogurt Cup<br>Canned Fruit  |
| Tangerine   | Ketchup   | Mild Chickpea Curry   | Breaded Pork Patty, Stewed  | Turkey & Swiss Sandwich on   |
| Chicken & Broccoli<br>Casserole w/ WG<br>Brown Rice, Peaches                          | Hamburger on a WG Bun,<br>Sweet Potato Puffs, Apple<br>Slices                         | over WG Brown Rice,<br>Steamed Vegetables,<br>Mandarin Oranges  | Okra & Tomatoes, Hawaiian<br>Roll, Bell Pepper Strips<br>WG Wheat Thins/Toasted Oat             | WW Bread, Fruit Cup,<br>Cucumber Coins<br>Animal Crackers  |
| Lavash Bread  | Pretzels  | Chex Mix  | Cereal  | Grapes   |