



## ACC February Menu 2018

**Yellow = Infant "Soft Food" Alternative**

Indicates Fruit & Vegetables of the Month: Raspberries, Blackberries, Okra, Collard Greens

Indicated Daily Required Whole Grain Component

						1		2
						Banana Muffin Canned Fruit Salad		WG Toasted Oat Cereal Orange Wedges
						<b>Turkey Hot Dog on Whole Grain Bun</b> , Baked Beans, Cucumber Coins		<b>Chicken Pozole</b> , Tortilla Chips/ <b>Soft Tortilla</b> , Cabbage, Onions & Cilantro, ½ Banana
						Raspberry Yogurt Granola		WG Rice Cake Sunflower Butter
5	6	7	8	9				
WW Buttermilk Biscuit w/ <b>Blackberry Jam</b> Pears	WG French Toast Sticks w/ Syrup Orange Wedges	Krispy Rice Cereal Banana	WG Honey Lemon Loaf Mandarin Oranges	Cinnamon Raisin Bread Applesauce				
<b>Chicken &amp; Cheese Enchilada</b> , Black Beans, Latin Cabbage & Corn Salad	<b>Breaded Chicken Fingers</b> w/ <b>BBQ</b> , Cut Corn, Pineapple Chunks, Breadstick	<b>Teriyaki Chicken</b> , WG <b>Brown Rice</b> , Steamed Asian Vegetables, Melon & <b>Raspberries</b>	<b>Three-Bean Chili</b> , Corn Muffin, Grapes, Carrot Salad	<b>Hamburger on Whole Grain Bun</b> , Potato Puffs, Carrot Sticks/ <b>Cucumber Coins</b>				
WG Goldfish Crackers Peaches	WW Pita Hummus	Chex Mix Kiwi Halves	<b>Whole Grain Graham Crackers</b> Fresh Fruit Salad	Apple Slices Cheese Stick				
12	13	14	15	16				
<b>Teacher In-Service</b> <b>No Classes</b>	WG Pancake w/ Syrup <b>Blackberries &amp; Raspberries</b>	Corn Flake Cereal Banana	<b>Whole Wheat Bagel</b> w/ Cream Cheese Peaches	<b>Blackberry Muffin</b> Mixed Canned Fruit				
	<b>Spaghetti &amp; Meatballs</b> , Roasted Broccoli, Apple Slices	<b>Orange Chicken</b> , <b>Brown Rice</b> , Steamed Vegetables, Melon Cubes	<b>Pork Patty</b> , WW Dinner Roll, <b>Stewed Okra &amp; Tomatoes</b> , Pineapple Chunks	<b>Fish Ole</b> , WG <b>Wild Rice</b> , <b>Kickin' Collard Greens</b> , Tangerine				
	WG Wheat Thins/ <b>Toasted Oat Cereal</b> Mandarin Oranges	Cheese Slices Ritz Crackers	Sunflower Butter & Jelly Sandwich Squares on WG Bread	Animal Crackers Fresh Fruit Salad				
19	20	21	22	23				
<b>President's Day</b> <b>No Classes</b>	WG Spiced Oatmeal Tangerine	Corn Flakes Banana	Zucchini Muffin Bread Strawberries & <b>Blackberries</b>	WG Rice Chex Canned Fruit Salad				
	<b>Chicken Potstickers</b> , Shelled Edamame, Mandarin Oranges	<b>WW Chicken &amp; Cheese Quesadillas</b> , Corn & Bean Salad, Pineapple Chunks	<b>Stir-fried Green WG Rice, Eggs &amp; Ham</b> , w/ <b>Collard Greens</b> , Melon Cubes	<b>Green Lentil Soup</b> , Bread Stick, Orange Wedges, Cucumber Coins				
	WG Graham Crackers Pears	Parfait Vanilla Yogurt <b>Raspberries &amp; Granola</b>	Apple Slices Cheesy Crackers	Fresh Fruit Salad Whole Grain Goldfish Crackers				
26	27	28						
Cinnamon Raisin Bagel w/ Cream Cheese Tangerine	Corn Muffin Hash Brown Patty w/ Ketchup	Krispy Rice Cereal Banana						
<b>Chicken &amp; Broccoli Casserole</b> w/ WG <b>Brown Rice</b> , Peaches	<b>Fish Nuggets</b> w/ Tartar, <b>Steamed Okra</b> , WW Roll, Melon Cubes	<b>Mild Chickpea Curry</b> over <b>WG Brown Rice</b> , Steamed Vegetables, Pineapple Chunks						
Lavash Bread White Bean Hummus	Pretzels Applesauce	Chex Mix Pears						

