



## ACC December Menu 2017

**Yellow** = Infant "Soft Food" Alternative

Indicates Fruit & Vegetables of the Month: Blood Orange, Persimmons, Swiss Chard, Beets

Indicated Daily Required Whole Grain Component

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									<p>Cinnamon Raisin Bagel w/ Cream Cheese Melon Cubes</p> <p><b>Turkey Hot Dog on Whole Grain Bun</b>, Baked Beans, Carrot Sticks/<b>Cucumber Coins</b></p> <p>Apple Slices Cheese Cubes</p>
4		5		6		7		8	
<p>Whole Wheat Biscuit w/ Jam and Pears</p> <p><b>Chicken Potstickers</b>, Mandarin Oranges, Shelled Edamame</p> <p>Whole Grain Wheat Thins/<b>Toasted Oat Cereal</b> String Cheese Stick</p>	<p>Oatmeal Spiced Baked Apples</p> <p><b>Macaroni &amp; Cheese w/ Diced Ham, Garlic Sauteed Swiss Chard</b>, Orange Wedges</p> <p>Whole Wheat Pita Hummus</p>	<p>Corn Flakes Cereal Banana</p> <p><b>Teriyaki Chicken, Whole Grain Brown Rice</b>, Steamed Asian Vegetables, Pineapple Chunks</p> <p>Berry Yogurt Granola</p>	<p>Banana Muffin Applesauce</p> <p><b>Whole Wheat Cheese Quesadillas</b>, Corn &amp; Bean Salad, Melon Cubes</p> <p>Animal Crackers Canned Fruit</p>	<p>Krispy Rice Cereal Fresh Fruit Salad</p> <p><b>Hamburger on Whole Grain Bun</b>, Potato Puffs, Spinach &amp; Berry Salad w/ <b>Blood Orange Pieces</b></p> <p>Apple Slices Cheesy Crackers</p>					
11		12		13		14		15	
<p>Whole Grain Toasted Oat Cereal Peaches</p> <p><b>Pesto Cheese Tortellini w/ White Beans</b>, Green Salad, Tangerine</p> <p>Whole Grain Rice Cake Sunflower Butter</p>	<p>French Toast Sticks w/ Syrup Pears</p> <p><b>Breaded Chicken Fingers w/ BBQ</b>, Cut Corn, Pineapple Chunks, <b>Whole Wheat Roll</b></p> <p>Chex Mix Apple Slices</p>	<p>Corn Flakes Cereal Banana</p> <p><b>Orange Chicken, Brown Rice</b>, Steamed Vegetables, Grapes</p> <p>Cheese Slices Ritz Crackers</p>	<p>Whole Wheat English Muffin w/ Jam Melon Cubes</p> <p><b>Beef Soft Tacos w/ Cheese</b>, Tomato &amp; Lettuce, Carrot Sticks/<b>Cucumber Coins</b></p> <p>Whole Grain Graham Crackers Canned Fruit</p>	<p>Whole Wheat Bagel w/ Cream Cheese Applesauce</p> <p><b>Pork Patty</b>, Breadstick, <b>Persimmon Beet &amp; Blood Orange Salad</b>, <b>Garlic Sauteed Swiss Chard</b></p> <p>Whole Grain Goldfish Crackers Fresh Fruit Salad</p>					
18		19		20		21		22	<b>All Food delivered on 12/21</b>
<p>Krispy Rice Cereal Pears</p> <p><b>Chicken &amp; Broccoli Casserole w/ Brown Rice, Beet &amp; Arugula Salad</b> w/ Goat Cheese, Mandarin Oranges</p> <p>Pretzels Applesauce</p>	<p>Corn Muffin Hash Brown Patty</p> <p><b>Whole Wheat Penne Alfredo w/ Chicken</b>, Roasted Vegetables, Pineapple Chunks</p> <p>Lavash Bread Cucumber Slices 1 T. Tzatziki</p>	<p>Whole Grain Bran Flakes Banana</p> <p><b>Chicken &amp; Cheese Enchiladas</b>, Black Beans, Green Salad</p> <p>Melon Cubes Whole Grain Wheat Thins/<b>Whole Grain Graham Crackers</b></p>	<p>Crepe Berries &amp; Spiced Yogurt</p> <p><b>Rosemary Roasted Chicken, Parmesan Whole Grain Quinoa</b>, Steamed Vegetable, Melon Cubes</p> <p>Sunflower Butter &amp; Banana Pinwheels</p>	<p>Cinnamon Raisin Bread or Enriched Sliced Bread w/ Jam Mandarin Oranges</p> <p><b>Teachers to Assemble: Mini Deli Meat &amp; Swiss Sandwiches on Whole Wheat Bun</b>, Canned Fruit, Carrot Sticks/<b>Cucumber Coins</b></p> <p>Fresh Fruit Animal Crackers</p>					
25		26		27		28		29	
<p><b>Merry Christmas!</b></p>	<p><b>Merry Christmas!</b></p>	<p>Waffle Strawberry Compote</p> <p><b>Whole Wheat Spaghetti &amp; Meatballs</b>, Steamed Vegetable, Canned Fruit</p> <p>Assorted 1 oz Snacks Fresh Fruit or Vegetable</p>	<p>Fruit Muffin Melon Cubes</p> <p><b>Vegetable Bean Soup, Whole Wheat Roll</b>, Apple Slices</p> <p>Assorted 1 oz Snacks Canned Fruit</p>	<p>Whole Grain Rice Chex Banana</p> <p><b>Chicken Drumstick</b>, Israeli Couscous Salad, Pears</p> <p>Fruit Salad Whole Grain Goldfish Crackers</p>					

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