



## ACC September Menu 2017

■ = Infant "Soft Food" Alternative

Fruits & Vegetables of the Month: Plums, Nectarines, Sweet Potatoes, Eggplant

						31		1	
						Mini Blueberry Muffins Orange Wedges		Granola Berries	
						<b>Hard Boiled Egg</b> , Pita Bread, Fresh Fruit, Snap Peas/Soft Fruit		<b>Wheat Crackers, Cheese Slices</b> , Apples, Garden Salad w/ Ranch	
						Teddy Grahams Peaches		Sunflower Butter Salted Rice Cake	
4		5		6		7		8	
		Mini Bagel w/ Cream Cheese Fruit Cup		Waffle w/ Syrup Berries		Krispy Rice Cereal Banana		Banana Muffin Bread Mango Cubes	
		<b>LABOR DAY ACC CLOSED</b>		<b>Chicken Penne Alfredo</b> , Garlic Green Beans, Mandarin Oranges		<b>Chicken Potstickers</b> , Peas & Carrots, Pineapple		<b>Cumin Roasted Sweet Potatoes w/ Wild Rice &amp; Chickpeas</b> , Melon Cubes	
		<b>Breaded Pork Patty</b> , Dinner Roll, Baked Beans, Watermelon Cubes		Cereal Snack Mix Peaches		Rice Cakes <b>Nectarine</b>		Animal Crackers Cucumber Coins	
		Graham Crackers Pears							
11		12		13		14		15	
Cinnamon Raisin Bread Pears		Corn Muffin Hash Brown Patty w/ Ketchup		Corn Flakes Banana		Whole Grain Honey Lemon Loaf Berries		Whole Wheat Bagel w/ Cream Cheese Melon Cubes	
<b>Hamburger, Sweet Potato Puffs</b> , Grapes		<b>Spaghetti &amp; Meatballs</b> , Roasted Zucchini, <b>Plum</b>		<b>Chicken Fingers w/ BBQ</b> , Cut Corn, Watermelon, Bread Stick		<b>Macaroni &amp; Cheese w/ Edamame</b> , Green Peas, Mandarin Oranges		<b>Fish Nuggets</b> , Dinner Roll, Fruit Salad, Honey Glazed Carrot Coins	
Cheesy Crackers Peaches		Pretzel Sticks Cheese Cubes		Bell Pepper Strips Hummus		Apple Slices Cinnamon Grahams		White Bean Hummus Pita Bread	
18		19		20		21		22	
Toasted Oat Cereal Canned Apricots		Spiced Oatmeal Berries		Biscuit w/ Jam Peaches		Blueberry Muffin Bread <b>Nectarine</b>		Cinnamon Raisin Bagel w/ Cream Cheese Fresh Fruit Salad	
<b>Baked Ziti, Garlic Roasted Eggplant &amp; Veggies</b> , Pears		<b>Chicken &amp; Cheese Quesadillas</b> , Roasted Corn, Mango & Black Bean Salad, Pineapple Chunks		<b>Plum Sauce Chicken</b> , Steamed Asian Vegetables, Brown Rice, Orange Wedges		<b>Turkey Hot Dog, Roasted Sweet Potatoes</b> , Carrot Salad w/ Raisins		<b>Green Lentil Soup</b> , Lavash Bread, Cucumber Coins	
Animal Crackers Grapes		Carrot Sticks/Pears Cheezy Crackers		String Cheese Stick Apple Slices		Granola Berry Yogurt		Hard-Boiled Egg Applesauce	
25		26		27		28		29	
Breakfast Bar Peaches		Pancake Berry Compote		Rice Chex Cereal Banana		Zucchini Bread Pears		Crepe Baked Spiced Apples	
<b>Chicken Casserole w/ Broccoli</b> , Spinach & Berry Salad		<b>Bean &amp; Cheese Burrito</b> , Latin Cabbage & Corn Salad, Fresh Pineapple		<b>Chicken Drumstick</b> , Warm Roasted Vegetable <b>Orzo w/ Eggplant</b> , Watermelon		<b>Orange Chicken</b> , Brown Rice, Steamed Vegetables, Mandarin Oranges		<b>Tortellini Pasta Salad w/ White Beans</b> , Honeydew Cubes	
Ritz Crackers Cheese Slices		Tortilla Chips/Pita Bread Salsa/Mashed Avocado		Apple Slices Sunflower Butter		<b>Plum</b> Pretzels		Teddy Grahams <b>Nectarine</b>	