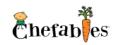
Menu

April 1 - 30, 2014



Chefables reserves the right to substitute stated menu items if it becomes unavailable in the market or due to unforeseen circumstances.							
* Milk served at ALL	April 1	April 2	•	April 4			
breakfast and lunch	New Whole Grain Waffle,	Home-Baked Breakfast	Home-Baked English	Home-Baked Squash			
meals.	Strawberry Compote	Muffin, Whole Fresh Fruit	Muffin, Whole Fresh Fruit	Bagel, Whole Fresh Fruit			
			*	*			
Infants/toddlers <2 yrs.	Natural Chicken Tenders,		Whole Wheat Cheese &	New Shrimp & Chicken			
served whole milk,	Fresh Fruit, Steamed	Egg Fried Rice, Fresh	Bean Baby Burrito, Fuji	Gumbo, (w/rice &			
Preschool >2 yrs. served	Vegetables	Fruit, Steamed Vegetables	Applesauce, Steamed	vegetables)			
lowfat milk.	Vegetables		Vegetables	vegetables)			
			*	*			
All milk served is rBST-	String Cheese, Multigrain	Yogurt, Yummy Granola	Chicken Salad, Home-	Cinnamon Cottage			
free.	Crackers	Toguit, Turning Granola	Baked W.W. Roll	Cheese, Whole Fresh			
April 7	April 8	April 9	April 10	April 11			
Breakfast Cereal, Whole	Home-Baked English	New Whole Spelt Pumpkin	New Whole Grain Waffle,	Home-Baked Breakfast			
Fresh Fruit	Muffin Whole Fresh Fruit	Muffin, Whole Fresh Fruit	Strawberry Compote	Bar Whole Fresh Fruit			
	.	<u>.</u> .	<u>.</u>	.			
Buffala Crova Styla	Now Tondoori Chieken	*	Egg Colod Conduich	*			
Buffalo Grove Style	New Tandoori Chicken served with Brown Rice,	Mini Cheese & Spinach	Egg Salad Sandwich	Chieken Feilter Freit			
Cheese Pizza, Fuji	•	Raviolis, Fresh Fruit,	served on Rye Roll, Fuji	Chicken Fajitas, Fresh			
Applesauce, Steamed	Fresh Fruit, Steamed	Steamed Vegetables	Applesauce, English	Fruit, W.W. Tortilla			
Vegetables	Vegetables	Greamed regeralize	Cucumber				
*	*	*	*	*			
Home-Baked Graham	Home-Baked Muffin, Baby		New Carrot & Apple	Home-Baked Scone,			
Crackers, Whole Fresh	Carrots	Cinnamon Apple Bites	Squares, Whole Fresh	Whole Fresh Fruit			
Fruit	Carrois		Fruit	Whole Flesh Fluit			
April 14	April 15	April 16	April 17	April 18			
Breakfast Cereal, Whole	Home-Baked Bagel,	New Carrot Pancakes,	Home-Baked Scone,	Home-Baked Corn Muffin,			
Fresh Fruit	Whole Fresh Fruit	Whole Fresh Fruit	Whole Fresh Fruit	Whole Fresh Fruit			
+	*	*	*	*			
Turkey Sloppy Joes	,		Roasted Chicken &	,			
served on a soft "Ohio	Soft Chicken Tacos, Fresh	Chef Ken's Egg Muffin	Cheese Sandwich, Fuji	Asian Chicken Salad			
Style" Bun, Fuji		Sandwich, Fresh Fruit,		served with a Sweet			
Applesauce, Steamed	Fruit, Salsa Salad	Steamed Vegetables	Applesauce, Steamed	Potato Roll, Fresh Fruit			
Applesauce, Steamed			Vegetables	Ĺ			
*	*	*	*	*			
Home-Baked Muffin,	Pretzels, Sting Cheese	Tahini Hummus, Carrot	W.W. Crackers, Whole	Yummy Granola, Yogurt			
Whole Fresh Fruit	-	Sticks	Fresh Fruit	-			
April 21	April 22	April 23	April 24	April 25			
Breakfast Cereal, Whole	Homebaked Banana	Home-Baked Poppy Seed	New Whole Grain Waffle,	Home-Baked Berry Muffin,			
The state of the s			-				
Fresh Fruit	Bread, Whole Fresh Fruit	Bagel, Whole Fresh Fruit	Strawberry Compote	Whole Fresh Fruit			
l •	*	<u>.</u> .					
Toasted Focaccia Cheese,			+	+			
•		*	★ W.W. Chicken & Chaese	*			
	New Orange Chicken	Turkey Dumplings	★ W.W. Chicken & Cheese	★ BBQ Pork Sandwich,			
Sandwich Fuji	New Orange Chicken Chow Mein, Fresh Fruit,	Turkey Dumplings Fresh Fruit, Steamed	Baby Burrito, Fuji	★ BBQ Pork Sandwich, Fresh Fruit, Steamed			
Applesauce, Steamed	<u> </u>		Baby Burrito, Fuji Applesauce, Steamed				
	Chow Mein, Fresh Fruit,	Fresh Fruit, Steamed	Baby Burrito, Fuji	Fresh Fruit, Steamed			
Applesauce, Steamed Vegetables *	Chow Mein, Fresh Fruit, Steamed Vegetables	Fresh Fruit, Steamed Vegetables ★	Baby Burrito, Fuji Applesauce, Steamed Vegetables ★	Fresh Fruit, Steamed Vegetables *			
Applesauce, Steamed Vegetables * Chicken Salad, Multigrain	Chow Mein, Fresh Fruit, Steamed Vegetables	Fresh Fruit, Steamed Vegetables Home-Baked Scone,	Baby Burrito, Fuji Applesauce, Steamed Vegetables ★ Home-Baked Graham	Fresh Fruit, Steamed Vegetables * Home-Baked Cheese			
Applesauce, Steamed Vegetables * Chicken Salad, Multigrain Crackers	Chow Mein, Fresh Fruit, Steamed Vegetables	Fresh Fruit, Steamed Vegetables * Home-Baked Scone, Whole Fresh Fruit	Baby Burrito, Fuji Applesauce, Steamed Vegetables Home-Baked Graham Crackers, Whole Fresh	Fresh Fruit, Steamed Vegetables ★			
Applesauce, Steamed Vegetables * Chicken Salad, Multigrain Crackers April 28	Chow Mein, Fresh Fruit, Steamed Vegetables	Fresh Fruit, Steamed Vegetables * Home-Baked Scone, Whole Fresh Fruit April 30	Baby Burrito, Fuji Applesauce, Steamed Vegetables ★ Home-Baked Graham Crackers, Whole Fresh	Fresh Fruit, Steamed Vegetables Home-Baked Cheese Scone, Whole Fresh Fruit			
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